

Skills Worksheet

Directed Reading

Lesson: Human Reproduction

1. What is a sex cell?

THE MALE REPRODUCTIVE SYSTEM

2. What is the main function of the male reproductive system?

3. The sex cells made by males are called _____.

SPERM PRODUCTION

- _____ 4. Which organ makes sperm and testosterone?

- a. bladder
- b. penis
- c. testis
- d. scrotum

CARING FOR THE MALE BODY

5. Explain how males can practice good hygiene.

THE FEMALE REPRODUCTIVE SYSTEM

6. What are the two main functions of the female reproductive system?

Directed Reading *continued*

MENSTRUATION

7. What is menstruation?

CARING FOR THE FEMALE BODY

8. How can STDs be prevented?

Lesson: Before You Were Born

9. The process by which one sperm and one egg come together to form a new human cell is called _____.

10. After fertilization, the developing human is called a _____.

CARING FOR THE FETUS

11. Explain how a pregnant woman can help protect the health of the fetus she carries.

Lesson: Infancy and Childhood

INFANCY

12. What is infancy?

Directed Reading *continued*

CHILDHOOD DEVELOPMENT

- _____ **13.** The stage of development after infancy is called
- a.** childhood.
 - b.** prenatal.
 - c.** adulthood.
 - d.** adolescence.

- 14.** Describe the three stages of childhood.

Lesson: Adolescence

- 15.** Define *adolescence*.

WHAT CONTROLS GROWTH?

- 16.** A _____ is a chemical that is made in one part of the body and causes a change in a different part of the body.
- 17.** Hormones that affect your reproductive system are called _____.

GROWTH SPURTS

- _____ **18.** The stage of development when the reproductive system becomes mature is called
- a.** infancy.
 - b.** childhood.
 - c.** puberty.
 - d.** adulthood.

Directed Reading *continued*

PHYSICAL CHANGES

19. List three physical changes that usually occur during puberty.

SOCIAL CHANGES

20. Explain what social changes occur during adolescence.

MENTAL AND EMOTIONAL CHANGES

21. Who can help you deal with the changes of adolescence?

Lesson: Adulthood, Aging, and Death

_____ **22.** The period of life that follows adolescence is called

- a.** infancy.
- b.** childhood.
- c.** puberty.
- d.** adulthood.

LIFE AS AN ADULT

23. What are two responsibilities of adults?

Directed Reading *continued*

AGING

24. List four factors that affect aging.

CONDITIONS ASSOCIATED WITH AGING

25. List three health conditions associated with aging.

DEATH AND GRIEF

26. The end of life, when all necessary life functions stop, is called

_____.

27. What is grief?

DEALING WITH GRIEF

28. List four healthy ways to deal with grief.
